Speaker 1: I'm going to give you three more words to remember: HEARTBREAK, STRESS, RESILIENCE.

For perusal only.

There are moments when you have a choice: fall apart, fall apart, fall apart.

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Meno mosso \( \text{\(_q=52\)} \) legato, unhurried

\( \text{(as speaker finishes line)} \) on cue

\( \text{(pizz. cb)} \)

Meno mosso \( \text{\(_q=52\)} \) rit.

\( \text{(as speaker finishes line)} \) on cue

\( \text{(pizz. cb)} \)
part, or take a deep breath and just do what needs to be done.

\[\text{A tempo}\]

\[A\] poco più mosso

\[d=60\] flowing easily, without accent on the "down" of the beat
dotted rhythm figures "soft" - but not turning into triplets

\[\text{Feel a new loneliness.}\]

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